MEET THE COMPOSERS: Six of Them
July 18, 25 August 1, 15, 22, 29 3-4:30 p.m. $50 Maury Klein

This class will introduce you to six different composers, five Americans and one Portuguese genius you may not know at all. Each week will feature a brief biographical sketch of one composer and at least one of his seminal works. The composers are Joly Braga Santos, Samuel Barber, Philip Glass, Howard Hanson, Alan Hovhaness, and Charles Ives. These introductions may well inspire you to want to hear more of their music.

JOHNNY CASH: The Man in Black
July 12, 19, 26 Aug 2 10-12pm $40 Brett Morse

“Hello, I’m Johnny Cash” was his iconic introduction to audiences, but we came to know him simply as the Man in Black. Johnny Cash recorded his first #1 Billboard hit in 1956 with “I Walk the Line,” which sold over two million copies. His music, along with his outlaw image, prison concerts, and activism, made him an international star. We will cover his struggles with addictions and loss, the love of his life June Carter, and the amazing “American Record” series. If you love Johnny Cash, or country music, or gospel music, or rock and roll, or just some good old story telling in a song, then this program is for you.

THE CHAKRA ENERGY SYSTEM
July 12, 19, 26 Aug 2, 9, 16, 23, 30 10-12noon $60 Linda M. Morse

Chakra is a Sanskrit word meaning wheel or disk. Seven chakras are located along the spine from the sitz bones to the crown of the head. Every aspect of who you are, physically, emotionally, and mentally, can be attributed to the balance or imbalance of chakras. The course includes discussion of the characteristics and functions of each chakra, participation in gentle yoga poses, some journaling, and an art project — all enabling you to explore your body’s seven energy centers and choose to take the resulting wisdom into your everyday life.

There’s still time to register for these classes!
Registration forms can be found in the summer catalog, and are also available in the office or you can download one from the website: www.uri.edu/olli