STATE OF THE ART IN ADDICTION MEDICINE

HIGHLIGHTS

• The U.S. Surgeon General (*invited*) and Faye Zenoff of the Center for Open Recovery
• Responding to the Opioid Epidemic: The Cutting Edge of Science and Treatment
• Putting Addiction Medicine into Practice: Integration into Systems
• Psychoactive Medicine or Malady?
• Beyond Nature & Nurture: Social Determinants of Addiction and Health
• The Addiction Practitioner’s Survival Guide: Tools and Perspectives for Success

AUGUST 29-SEPTEMBER 1, 2018
HILTON SAN FRANCISCO UNION SQUARE

Register now at csam-asam.org

Earn up to 25.5 AMA PRA Category 1 Credits™
We live in a historically unprecedented time. Annual drug overdose deaths in the U.S. have surpassed the number of AIDS deaths at the height of the HIV epidemic in 1995. Deaths continue to climb, and the current opioid epidemic has been called this generation’s AIDS crisis. While not all substances are harmful, unhealthy substance use, its complications, and associated stigma are far too common. Evidence-based treatment, policy, and prevention are urgently needed. Compassion and the development of a qualified addiction medicine workforce remains in high demand.

The 2018 CSAM State of the Art Conference provides this year’s attendees with a sampling of the latest scientific advances in the field of addiction medicine and their relevance to everyday clinical practice. Over three days, nationally recognized experts and experienced teachers will speak on a wide range of topics highlighted in this publication.

Wednesday’s pre-conference workshops include a full-day Addiction Medicine Board Exam Preparation Course, as well as half-day trainings in integrative addiction medicine, advanced buprenorphine treatment cases, drug policy education and advocacy, clinician wellbeing, and motivational interviewing.

As always, we carry on the CSAM tradition of collegiality and gratitude. At the Thursday night dessert reception, we will honor the founders and history of CSAM in a fun-filled game of Addiction Medicine Trivia and celebrate the recipients of the Vernelle Fox Award and the Community Service Award. Friday evening will be a time to connect informally with colleagues and to explore what makes San Francisco one of the top destinations for travelers around the globe.

Whether you are expanding your knowledge about new advances in addiction science and practice, consolidating your skills in the care of persons with unhealthy substance use, or restoring your professional wellbeing, you are in for an educationally rich and rewarding experience.

Paula J. Lum, MD, MPH, FASAM, Conference Chair
Professor of Medicine, University of California, San Francisco and San Francisco General Hospital

“The speakers were passionate and the best in the field. In my 26 years of practice it was easily one of the best conferences I have ever attended and is a must for all primary care physicians, nurse practitioners and physician assistants.”
— Sam Rabinowitz, MD

WHO SHOULD ATTEND?

• Addiction medicine specialists who want an overview of the latest developments in the field and their relevance to clinical practice
• Primary care clinicians who want a better understanding of addiction and to improve their care of patients with unhealthy substance use
• Public policy makers and advocates who want an understanding of the current state of addiction treatment and its political implications
• Other healthcare professionals who participate in the care of persons with or at risk of addiction
FULL-DAY WORKSHOP 8:30 AM-5:00 PM

- Addiction Medicine Board Exam Preparation

The Board Exam Preparation Workshop is designed to help prepare attendees who plan to take the ABPM Addiction Medicine Board Exam. It includes (1) Live Interactive Lectures, (2) an Interactive Self-Assessment featuring hundreds of newly revised board-style questions, and (3) an Addiction Medicine Study Guide with high value exam preparation material organized by topic.

*Faculty:* Mason Turner, MD, FASAM, Staff Psychiatrist, Hawaii Permanente Medical Group (workshop lead); Angie Chen, MD, FACP, FASAM, Clinical Assistant Professor, Medicine - Primary Care and Population Health Clinical Assistant Professor, Psychiatry and Behavioral Sciences, Stanford University Hospital, Palo Alto (exam advisor); Randolph Holmes, MD, Family Medicine, Addiction Medicine, IH Health Whittier; Thomas Meeks, MD, Psychiatrist, VA Northern California Health Care, Mather; Chinyere Ogbonna, MD, MPH, Medical Director, Kaiser Permanente San Jose Chemical Dependency Services, Santa Clara; Rachel Sussman, MD, Family Medicine Doctor, Stanford Healthcare, San Jose; John Tsuang, MD, MS, Director, Dual Diagnosis Treatment Program, Harbor-UCLA Medical Center

MORNING WORKSHOPS 8:30 AM-12:00 PM

- Advanced Topics in Buprenorphine Maintenance

This morning workshop focuses upon safe strategies for methadone to buprenorphine transitions, the advantages of window-dispensed buprenorphine as part of the hub-and-spoke model of care, the management of concurrent pain diagnoses in buprenorphine patients, and the testing/use of buprenorphine metabolites in clinical practice.

*Faculty:* Michael Hoefner, MD, Medical Director San Francisco VA Opioid Treatment Program, Program Director, UCSF Addiction Psychiatry Fellowship, UCSF; Kara Lynch, PhD, Associate Clinical Professor, Co-director, Core Clinical Laboratory, Chemistry and Toxicology, UCSF at Zuckerberg SF General Hospital; Andrea Rubinstein, MD, Chief, Department of Chronic Pain, Department of Anesthesiology and Research Chair, Kaiser Santa Rosa Medical Center, Assistant Clinical Professor of Family and Community Medicine, UCSF; Kaiser Permanente; Scott Steiger, MD, Associate Professor of Clinical Medicine, UCSF; Deputy Medical Director of Opiate Treatment Outpatient Program, ZSFG

- Integrative Addiction Medicine: Transformation Through Bio-Psycho-Spiritual Whole Person Care

An interactive workshop that will blend motivational interviewing (MI) and relaxation practice exercises, share practice-ready tools, and end with individual action plans and peer coaching follow-up from the learners. Topics include acupuncture for chronic pain and addiction, low-dose naltrexone, and the role of exercise, nutrition, mindfulness, supplements, and sleep.

*Faculty:* David Eisen, MSW, LAC, OMD(am), Executive Director, Quest Center for Integrative Health, Portland; Dana Harris, MD, Psychiatrist, Private Practice; Ingeborg Schafhalter-Zoppoth, MD, FACP, Associate Director, Sutter Family Health Clinic, California Pacific Medical Center; Sharone Abramowitz, MD, FASAM, FAIHM, Integrative Psychiatry & Addiction Medicine Practice, SF & East Bay Founder, AbramowitzHealthyCommunicating.com

AFTERNOON WORKSHOPS 1:30 PM-5:00 PM

- Finding Your Voice in the Drug Policy Arena: Supervised Consumption Spaces as a Case Study

In this afternoon workshop, attendees will learn about the role of addiction practitioners in advancing drug policy reform and how to engage more effectively in the drug policy arena. They will learn how drug policy gets made at state and local levels, using Safer Consumption Services as an active legislative case study.

*Faculty:* Jules Netherland, PhD, Director of the Office of Academic Engagement, Drug Policy Alliance, New York; Laura Thomas, MPH, MPP, Interim State Director, Drug Policy Alliance; Alex Kral, PhD, Principal Scientist, Behavioral Health and Criminal Justice Division, RTI International SF

- Keys to Clinician Wellness: Individual and Organizational Strategies for Wellbeing

This half-day workshop is designed for clinicians, medical leadership, medical staff administrators and others interested in improving their satisfaction, health and wellbeing on both an individual and organizational level. Experts will discuss the current state, as well as system solutions. Additionally, participants will identify implementable personal and organizational wellness resources focused on clinician health and wellbeing for future use.

*Faculty:* Matthew Goldenberg, DO, Associate Medical Director, Promises Professional Treatment Program, Santa Monica; Monika Koch, MD, DFASAM, Medical Director, Chemical Dependency Recovery Program, Kaiser Permanente, Vallejo; Karen Miotto, MD, DFASAM, Chair, UCLA Physician Wellness Program and Medical Staff Health Committee, Professor of Psychiatry, David Geffen School of Medicine, UCLA; Julie Nyquist, PhD, Professor, Division of Medical Education, Keck School of Medicine, UCLA

- Motivational Interviewing for Busy Clinicians

This workshop will review and teach motivational interviewing (MI) tools for treating unhealthy alcohol and drug use and promoting behavior change in primary care and other specialties. Emphasis will be on mentored small group learning, clinical skills acquisition, and practice. All participants will develop continuing learning plans to increase their proficiency.

*Faculty:* Kenneth Saffier, MD, FASAM, Family and Addiction Medicine, Contra Costa County Health Services Department, Contra Costa Regional Medical Center and Health Centers, CA; Ana Catalina Triana, MD, Faculty, John Muir Health, UCSF Family Medicine Residency, Walnut Creek

CSAM has always been well organized, with cogent topics and fabulous presenters. In my estimation, CSAM offers the best addiction medicine conferences.” — Denise M. Dion, MD
THURSDAY, AUGUST 30, 2018

8:00 am  Welcome and Announcements
Paula Lum, MD, MPH, FASAM, Professor of Clinical Medicine and Program Director Primary Care Addiction Medicine Fellowship, UCSF

8:30 am  Opening Plenary
Jerome Adams, MD, MPH, Surgeon General, Department of Health and Human Services (invited) and Fay Zenoff, MBA, Executive Director, Center for Open Recovery, SF

Responding to the Opioid Epidemic: The Cutting Edge of Science and Treatment

9:15 am  Beyond Safe Consumption Sites: Heroin-Assisted Treatment at the Crosstown Clinic
Eugenia Oviedo-Joekes, PhD, Associate Professor, University of British Columbia School of Population and Public Health, Vancouver, BC

10:00 am  Opioids and Immunopharmacotherapy
Kim Janda, PhD, Ely R. Callaway, Jr., Chair in Chemistry and Immunology, Scripps Research Institute, La Jolla

10:30 am  Break (with exhibitors and posters)

10:50 am  The Evidence Based Journal Club: Extended-release Naltrexone vs. Buprenorphine/Naloxone
Jamie Carter, MD, MPH, and Hannah Snyder, MD, UCSF Primary Care Addiction Medicine Fellowship Graduates, ZSFG

11:25 am  Buprenorphine Frontiers
Jamie Carter, MD, MPH; Andrew Herring, MD, Associate Research Director, Highland Hospital; Howard Kornfeld, MD, Clinical Faculty, UCSF Pain Fellowship Program; Andrea Rubinstein, MD, Chief, Department of Chronic Pain; Matthew Torrington, MD, Addiction Medicine/Clinical Research, Culver City

12:30 pm  Lunch on your own or attend special interest groups (TBA)

Putting Addiction Medicine into Practice: Integration into Systems

1:45 pm  Treating Addiction in the Criminal Justice System
Traci Green, PhD, MSc, Associate Professor, Emergency Medicine & Associate Director & Senior Scientist, Injury Prevention Research Center, Boston University Medical Center, RI

2:25 pm  The 21st Century Cures Act: Reports from the Field in California
Mike Rizzo, LMFT, CSAC, Manager/Addiction Recovery Services, Los Angeles LGBT Center; David Sprenger, MD, Behavioral Health Consultant, Indian Health Service, Sacramento

3:20 pm  Break (with exhibitors and posters)

3:40 pm  Collaborative Care for Opioid and Alcohol Use Disorders in Primary Care: The SUMMIT Randomized Clinical Trial
Katherine Watkins, MD, MSHS, Senior Natural Scientist, RAND Corporation, Santa Monica

4:20 pm  Case Discussion

4:35 pm  Implementing the Drug Medi-Cal Organized Delivery System (DMC-ODS) in Los Angeles County
Gary Tsai, MD, Medical Director and Science Officer, Substance Abuse Prevention and Control, LA County Department of Public Health

5:00 pm  Integrating Addiction Care Across Systems
Cynthia Chatterjee, MD, MA, FASAM, Psychiatrist, Addiction Specialist, San Mateo County Behavioral Health and Recovery Services; Robert P. Cabaj, MD, Medical Director, San Mateo County BHRS; Mary Taylor Fullerton, MA, MFT, Supervisor, Integrated Medication Assisted Treatment Team, San Mateo County BHRS; Hannah Snyder, MD, Addiction Medicine Fellowship Graduate, UCSF at ZSFG

6:00 pm  Adjourn

7:30-8:30 pm  Dessert Reception
Inaugural Addiction Medicine Trivia Contest; Vernelle Fox and Community Awards Presented

FRIDAY, AUGUST 31, 2018

Psychoactive Medicine or Malady?

7:00-8:00 am  Danceation: refresh, energize and engage with others through music and movement!
Heath Hunter, Danceation.com (activity included in registration fee)

8:30 am  Psilocybin-Assisted Treatment for Alcohol Use Disorder
Snehal R. Bhatt, MD, Associate Professor, Psychiatry and Behavioral Sciences, Chief, Addiction Psychiatry Medical Director, Addiction and Substance Abuse Programs, University of New Mexico

Register now at csam-asam.org
9:05 am  Ketamine: A Cautionary Tale  
Matthew Prekupec, MD, FABIM, Nocturnist, Provident Health, SW Washington

9:30 am  Three Views on Cannabis, Medicine and Policy  
Beau Kilmer, PhD, Co-Director, RAND Drug Policy Research Center, Senior Policy Researcher, RAND, Santa Monica; Timothy Fong, MD, Professor of Psychiatry, UCLA Cannabis Research Initiative; William Haning III, MD, FASAM, DFAPA, Emeritus Professor of Psychiatry & Program Director, Addiction Psychiatry/Addiction, University of Hawai‘i John A. Burns School of Medicine

10:40 am  Break (with exhibitors and posters)

11:00 am  Case Discussion

11:20 am  Cocaine Research Highlight: Simultaneous Activation of Nociceptin Opioid (NOP) and Mu Opioid (MOP) Receptors  
Marsida Kallupi, PhD, Research Associate, The Scripps Research Institute, La Jolla

11:55 am  Tobacco Policy Highlight: FDA Policy to Lower Nicotine in Cigarettes to Non-Addictive Levels  
Neal L. Benowitz, MD, Professor of Medicine and Bioengineering & Therapeutic Sciences, UCSF at ZSFG

12:30 pm  Lunch and Ice Cream Social (while supplies last), with exhibits and posters

1:00-2:00 pm  CSAM Annual Business Meeting (open to non-members)

Beyond Nature & Nurture: Social Determinants of Addiction and Health

2:00 pm  The Globalization of Addiction  
Bruce K. Alexander, PhD, Professor Emeritus, Department of Psychology, Simon Fraser University, Vancouver, BC

2:45 pm  Taking the Measure of a Fatal Drug Epidemic  
Christopher Ruhm, PhD, Professor of Public Policy & Economics, Frank Batten School of Leadership and Public Policy, University of Virginia

3:30 pm  Panel Discussion

4:00 pm  Break (with informal presentations by poster authors and exhibits)

4:20 pm  Racialization of the Opioid Epidemic: The Role of Whiteness  
Jules Netherland, PhD, Director of the Office of Academic Engagement, Drug Policy Alliance, NY

5:00 pm  Treating Addiction in the Homeless Population  
Barry Zevin, MD, Medical Director, Street Medicine and Shelter Health, SF Department of Public Health

5:40 pm  Adjourn

5:45-6:45 pm  American Association of Addiction Psychiatry (AAAP) Informal Meeting (everyone welcome)

8:30-9:30 pm  Mutual Support Group Demonstration Meeting

SATURDAY, SEPTEMBER 1, 2018

The Addiction Practitioner’s Survival Guide: Tools and Perspectives for Success

8:30 am  Technology Tools for the Addiction Medicine Practitioner  
Maria F. San Bartolome, Jr., MD, MBA, Medical Director, Substance Use Disorders, Molina Healthcare, Inc., Long Beach

9:15 am  Knowledge is Power: Why Free Lunch Matters  
Adriane Fugh-Berman, MD, Professor of Pharmacology & Physiology, Georgetown University, DC

10:05 am  Using Humor to Address Addiction  
Mark R. Lundholm, Comedian, CEO/Founder, Addictedplay, San Jose

10:45 am  Break

11:00 am  Keeping the Spark Alive: Avoiding Burnout in Addiction Medicine  
Diana Coffa, MD, Associate Professor, Family and Community Medicine, Program Director, UCSF Family and Community Medicine Residency at SFGH

11:45 am  Opioid Correction or Opioid Trauma? Navigating the Limits of Being Human  
Stefan G. Kertesz, MD, MSc, Professor, Division of Preventive Medicine, UAB School of Medicine, Birmingham, AL

12:35 pm  Debrief

12:50 pm  Closing Remarks  
Paula Lum, MD, MPH, FASAM, Conference Chair

“The CSAM conference is one of the friendliest conferences that I have attended. I highly recommend this conference to anyone who is interested in caring for patients with substance use disorders.”

— La Donna R. Porter, MD

Register now at csam-asam.org
**HOTEL/TRAVEL**
The Hilton San Francisco Union Square is the hotel and headquarters for Conference activities. A limited number of rooms are available at the discounted rate of $235 for a single or double room through July 28, 2018. Please call 415-771-1400 for a reservation and mention the conference discount code “CSA” for the special rate or book online by choosing the Conference Information button on our website, csam-asam.org. If you wait until near the deadline, there is no guarantee that rooms will still be available.

The nearest airport to the hotel is San Francisco International. Bay Area Rapid Transit (BART) runs from the airport to Powell Street Station, one block from the hotel.

**CONFERENCE MATERIALS**
All registrants will receive access to an electronic version of the Conference syllabus. There is a $75 charge for a print copy of the syllabus.

A downloadable app will allow review of PowerPoint slides and speaker materials, taking notes during sessions, viewing the Conference schedule, browsing attendees and exhibitors, and more!

**EDUCATIONAL OBJECTIVES**
At the end of this Conference, attendees should be able to:

- Summarize the theories and science behind novel strategies to reverse a national opioid epidemic
- Compare new approaches to integrating high-quality addiction medicine into primary care, hospital, and correctional settings, and into other systems of care
- Identify sociocultural factors that impact the care of persons who use drugs, including but not limited to: race, religion, culture, stigma, gender identity, sexuality, primary language, disability, legal status, and housing
- Make practice changes that implement evidence-based treatments and patient-centered care for persons with substance use disorders and chronic pain
- Apply knowledge about recent neurobiological research to discussions of potential new treatments for cocaine and heroin addiction
- Counsel patients about the promise and pitfalls of psychoactive substances for the treatment of addiction and other health conditions
- Appraise the newest developments in tobacco policy and recreational cannabis legalization
- Develop an actionable plan to optimize one's personal and professional wellbeing as an addiction practitioner

**CREDIT**
The California Society of Addiction Medicine (CSAM) is accredited by the Institute for Medical Quality/California Medical Association to provide continuing medical education for physicians. CSAM takes responsibility for the content, quality and scientific integrity of this CME activity.

CSAM designates this live educational activity for a maximum of 25.5 AMA PRA Category 1 Credits™.

This includes up to 19 credits for the Conference and 6.5 credits for pre-conference workshops. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Additional hours of credit will be available for those completing the pre-conference enduring materials as part of the Board Certification Exam Preparation Workshop.

The American Board of Preventive Medicine (ABPM) has approved this activity for a maximum of 25.5 LLSA credits towards ABPM MOC Part II requirements.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 25.5 MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

CEU credit is available for psychologists, therapists, substance use counselors, nurses and physician assistants.

Register now at csam-asam.org
Additional Information:

Full Name: ___________________________________________________________________
Degree(s): ___________________________________________________________________

Position: __________________________________________ Organization: _______________________

Address: __________________________________________________________________________
City: ___________________________________________________________________________ State: __________ Zip: _______________________

Phone: ___________________________ Fax: _______________________________________________

Email: ___________________________________________________________________________ Specialty: ________________________________

Pre-Conference Workshops: Wednesday, August 29 (Additional Fee)

Each half-day runs concurrently. You may choose only one morning and/or one afternoon workshop.

Full-day Pre-Conference Workshop (8:30 AM to 5:00 PM)
- Addiction Medicine Board Exam Preparation Workshop

Morning Workshops (8:30 AM to 12:00 PM)
- Advanced Topics in Buprenorphine Maintenance
- Integrative Addiction Medicine: Transformation Through Bio-Psycho-Spiritual Whole Person Care

Afternoon Workshops (1:30 PM to 5:00 PM or 5:30 PM)
- Finding Your Voice in the Drug Policy Arena: Supervised Consumption Spaces as a Case Study
- Motivational Interviewing for Busy Clinicians
- Keys to Clinician Wellness: Individual and Organizational Strategies for Wellbeing

Pre-Conference Registration Fees (add $50 per workshop after June 13, 2018)

<table>
<thead>
<tr>
<th></th>
<th>ASAM/CSAM Physician Member</th>
<th>Associate Member</th>
<th>Non-Member</th>
<th>Resident/Fellow/Medical Student</th>
</tr>
</thead>
<tbody>
<tr>
<td>Morning Workshop</td>
<td>$250</td>
<td>$250</td>
<td>$250</td>
<td>$75</td>
</tr>
<tr>
<td>Afternoon Workshop</td>
<td>$250</td>
<td>$250</td>
<td>$250</td>
<td>$75</td>
</tr>
<tr>
<td>Full-day Workshop</td>
<td>$550</td>
<td>$550</td>
<td>$550</td>
<td>$550</td>
</tr>
</tbody>
</table>

Conference Registration Fees (add $200 per full-day and $50 per one-day registration after June 13, 2018)

<p>| | | | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Three-day Conference</td>
<td>$690</td>
<td>$690</td>
<td>$890</td>
<td>$375</td>
</tr>
<tr>
<td>One-day Registration</td>
<td>$350</td>
<td>$350</td>
<td>$450</td>
<td>$200</td>
</tr>
</tbody>
</table>

Additional:

- Print Syllabus ($75) in addition to the onsite app included in registration
- Dessert Reception, Addiction Medicine Trivia Contest and Award Ceremony - Thursday, 7:30-8:30 PM Included in full conference registration.

Payment Information:

Online and mail registrations not accepted after August 24. Onsite registrations, if available, $50 additional. Payment in U.S. funds must accompany registration.

Check payable to CSAM - OR - Charge ___ Visa ___ MasterCard ___ AmEx

Credit card #: ___________________________ Exp. Date: __________ CCV: __________

Name as it appears on credit card: ________________________________________________

Signature: ________________________________________________________________________

If, due to a disability, you have any special needs, call 415/764-4855 to let us know at least two weeks prior to the event. We will do our best to accommodate them.

Cancellations before July 23 are subject to a $100 cancellation fee. No refund for cancellations submitted July 23 and later. Substitutions may be arranged.

TOTAL ENCLOSED: $___________

Mail or fax completed form with payment to
California Society of Addiction Medicine
575 Market Street, Suite 2125, San Francisco, CA 94105
ph: 415-764-4855 f: 415-764-4915 e: csam@csam-asam.org
SAVE THE DATES

ANAHEIM
SEPTEMBER 4-7, 2019
REVIEW COURSE

SAN DIEGO
AUGUST 26-29, 2020
STATE OF THE ART

Register now at csam-asam.org

Earn up to 25.5 AMA PRA Category 1 Credits™

STATE OF THE ART IN ADDICTION MEDICINE

AUGUST 29-
SEPTEMBER 1, 2018
HILTON SAN FRANCISCO UNION SQUARE

Register now at csam-asam.org